

What if Easter isn't just something we celebrate? What if it's something we become?
What if the stone wasn't just rolled away for Jesus, but for you?

What In Me Is Ready to Rise?

We all have our own versions of Good Friday, those heartbreaks, betrayals, and deep dark nights of the soul. We've all sat in our tombs, trapped by fear, loss, and not knowing what comes next. But here we are. Breathing. Hoping. Listening.

A Resurrection Story: Immaculée Ilibagiza

Let me tell you about a modern-day resurrection. Immaculée Ilibagiza was a young woman in Rwanda when genocide erupted. She lost most of her family and hid in a bathroom with seven women for 91 days. That was her tomb. But she didn't just survive. She prayed and she forgave. And when she emerged, she was filled with light. She chose love. She chose peace. She rose. And so can we.

The Deeper Meaning of the Easter Story

In Unity, Easter is not a doctrine but symbolic of our transformation experience.

- **The Garden of Gethsemane** stands for the inner struggle before transformation. When we face fear and resistance.
- **The Trial** stands for: Facing judgment, outer criticism, and inner doubt. Where we question our worth and our path.
- **The Crucifixion** stands for: Letting go of the false self—our masks, wounds, and illusions.
- **The Tomb** stands for: The silent space where transformation brews. It may feel empty, but the divine is moving.
- **The Resurrection** stands for: The awakening of the Christ within. When we remember who we are, divine, radiant, and unstoppable.

The Second Coming Is You

People have asked, "*When is the Second Coming?*" I believe it's already here, every time we choose love over fear, forgiveness over bitterness, these are resurrections.

Affirm: I rise for myself. I rise for the world. I am the Second Coming of Christ consciousness.

I Rise for Myself

Resurrection begins *within*. It's personal. It's sacred. I rise when I...

- Nurture my body
- Forgive my past
- Choose joy
- Rest, nourish, breathe

Every time you say, "*I am the presence of God in this world,*" you rise. And that, my friends, is resurrection in action.

I Rise for the World

We don't rise just for ourselves; we rise to lift others. After my dad died, my 7th-grade history teacher, Mr. Canon, had compassion for me and tutored me after school. He showed up for me, was present for me, and responded in love towards me. That was Easter in action.

Like Jesus, who rose not to boast, but to bless, we rise for the world when we show up, pay attention, and respond in love.

Father Gregory Boyle: Resurrection on the Streets

Father Gregory Boyle created Homeboy Industries in Los Angeles, helping gang members find work, healing, and purpose.

Father Gregory Boyle doesn't preach Easter, he lives it. Every tattoo removal, every job offered, every hug. That's resurrection.

"Being an Easter presence doesn't mean being perfect. It means being present."

Integrate: I Am Ready to Rise

I invite you to close your eyes. Put your hand on your heart. Imagine standing at the edge of your own tomb.

Imagine that the stone rolls away. Light floods in. You step out. Not because you're flawless, but because you're *ready*.

Affirm: *"I am ready to rise."*

Live Your Resurrection

What does it look like to live your resurrection?

Ask yourself:

- What am I rising from?
- Who am I becoming?
- How can I be an Easter presence today?

"The world doesn't need more people who believe in the resurrection; The world needs people who live it."

Affirmation: *"I rise for myself. I rise for the world. I am an Easter presence, alive, awakened, and unstoppable."*

Now go and live your resurrection.