

Remember Lin-Manuel Miranda, the genius behind *Hamilton*. One day, he picked up a biography of Alexander Hamilton and had a wild idea: "*Let's make a hip-hop musical about a Founding Father.*" Ridiculous, right? But Lin-Manuel said "Yes," and that "Yes" became one of the most successful Broadway shows ever. His story reminds us that saying "Yes" to Spirit—no matter how outrageous the call—can lead to unimaginable outcomes.

### **Mary and the Angel from the Christmas Story**

Let's shift to Mary, the ultimate example of saying "Yes" to Spirit. Mary was minding her own business when an angel appeared and said, "*Hey Mary, surprise! You're going to be the most famous mom in history.*" Imagine her shock! But despite her initial hesitation, Mary trusted Spirit and said, "Yes." Her story teaches us to embrace the divine feminine within us—intuitive, nurturing, and willing to listen to Spirit, even when it feels overwhelming.

When I tell a Bible Story, I must make a few Disclaimers.

- *Any resemblance to actual events is purely coincidental or divinely inspired.*
- *This Bible story has been metaphorically enhanced for your spiritual growth.*
- *Fact-checking this talk is not recommended; it's about faith, not footnotes.*

### **Joseph: Support, Protection, and Caution**

Then there's Joseph, Mary's partner in this divine story. Joseph represents our divine masculine energy—practical, protective, and cautious. He's the voice that says, "*Are you sure about this?*" Yet, Joseph stands by Mary, even when nervous about the journey. He reminds us that feeling fear is okay but that it is essential to move forward with faith.

### **Five Warnings from Our Inner Joseph**

1. *This journey is going to be too difficult.*
2. *People may not understand or accept you.*
3. *What if you fail?*
4. *You don't have enough resources or skills.*
5. *It's safer to stay where you are.*

Joseph's voice is protective, not prohibitive. The key is to thank him for his caution and take the step anyway.

## **Abiding in the Divine Masculine and Feminine**

When Mary and Joseph say "Yes," they align the divine masculine and feminine within us. It's about balancing Mary's trust in Spirit with Joseph's caution. Together, they guide us to act boldly while honoring our practical concerns.

### **Reflective Questions for You. Pause and ask.**

- What is Spirit calling me to say "Yes" to right now?
- What fears or warnings does my inner Joseph voice bring up?
- How can I honor those fears without letting them stop me?
- Where am I being asked to step into the unknown?
- How can I celebrate even small steps toward my higher calling?

### **Five Practical Steps for Saying "Yes"**

1. Morning Affirmation: Begin your day with, "I say "Yes" to Spirit," setting an intention to be open.
2. Pause and Deeply Listen: When resistance arises, pause and ask, "What am I being called to say "Yes" to?"
3. Act on One Intuitive Thought: Follow one small nudge daily—make that call, take that walk, meditate.
4. Embrace Your Inner Joseph's Caution: Acknowledge the fear, then step forward with courage.
5. Celebrate Every Victory: Every "Yes" is a win. Take a moment to honor your bravery.

### **Gloria Steinem's Courageous "Yes"**

Let me share Gloria Steinem's story. In the 1960s, Gloria was called to lead the women's movement. Initially reluctant, she stepped up despite her fears, saying "Yes" repeatedly. Gloria's courage changed policies, hearts, and minds, proving that saying "Yes" to Spirit is a lifetime practice of bravery and purpose.

### **The Call to Action**

Spirit is always nudging us toward growth and transformation. Saying "Yes" isn't about figuring it all out—it's about stepping forward, aligning your inner Mary and Joseph, and trusting that the universe will meet you halfway.

***Affirmation: I say 'Yes' to Spirit, opening my heart to divine possibilities.***

Remember, every "Yes" has the power to transform your life and the lives of those around you. Are you ready to say "Yes"? Let's do it together.