

*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.*  
Matt 7:7

Do you remember playing Hide and Seek when you were a child? One of my friends would hide so well that we could never find him. He would get mad when we stopped looking for him and went on to other games. Adults usually do not play Hide and Seek. Not for fun anyway. We are all seekers and hiders. We are *seeking* a deeper understanding of ourselves and of God, and we are also *hiding* from the awareness of that which we desire. Our spiritual journey is a lot like peeling an onion. We are always peeling away more and more layers in order to get to the center.

Today I am inviting you to consider five important life questions about things that really matter in your life. Many people never address these questions. In fact, many people are not even aware that answering these questions will strongly impact the quality of life. Take time to pray and meditate on each question. Your contemplation will guide you to be an effective *seeker* rather than a *hider*.

**Question # 1: What do I know for sure?**

To grow spiritually you must be clear on what you already know. We are not talking about intellectual knowing, but rather, what do you know and believe spiritually? What do you know for sure? Not what have you been told to believe, but what do you truly believe?

**Question # 2: How wide is my circle? (How open am I?)**

What do I include in my circle? Are there people, possibilities, and experiences that I have closed to God's expression in my life? How am I limiting myself? Are there places where I can expand my fences and open my heart to experience the fullness of God?

**Question # 3: Is faith or fear guiding my decisions?**

One of the most profound ways of living a more spiritual life is to examine the motivation behind our actions. Fear often encourages action, but not conscious action. Ask yourself, *If faith were guiding my decision, what would I do?*

**Question # 4: What am I listening for and to?**

Are you listening to the appearances of lack and limitation? Are you turning a deaf ear to your spiritual guidance? Spiritual growth can be enhanced by listening to that still small voice of higher guidance within. What are the areas of your life where you are listening to lack and limitation and what are the areas where you are listening to the still small voice?

**Question # 5: What is God preparing me for?**

You are here by divine appointment. You have a purpose you are here to fulfill. The most powerful knowledge you can have is to know *why you are here*. If you look at your life and become aware of the things you are passionate about you will find the key to discovering your purpose. Your purpose is *What God is preparing you for*.

God has something for you to do, and if you pay attention to the clues, and *seeking* rather than *hiding* you will discover what God is preparing you for. *Come out, come out, wherever you are!*

**Affirmation: *There is a divine appointment for me and I show up for that appointment right now!***

Inspired by: [Ask Yourself This](#), Wendy Craig-Purcell