

Almost everyone keeps, in the back of their mind, a rarely talked about suspicion that there is something more to what we call coincidence than meets the eye, something special, and almost always spiritual.

People frequently speculate that coincidences rarely stand alone. Many people suggest that they happen in clusters, or as a continuing series of unusual events. Peter Russell, author, and futurist calls them *curious chains of coincidence*. How is coincidence defined? The American Heritage Dictionary defines coincidence as *A sequence of events that although accidental seems to have been planned or arranged*. Planned by whom? Arranged by whom?

Synchronicity is the way of the universe. All things work together. However, we are not necessarily aware of the *how* or *why* of things. We are more often than not caught up in our five-sense world and not open and receptive to our intuitive or spiritual level.

Unity teaches that we, as Eric Butterworth has said, are *an eachness in the allness of God*. We are individually unique ideas in the mind of God. As such, we are part of the cosmic flow of divine thought in the ongoing creative process.

Squire Rushnell, in his book God Winks, wrote, *you are under the influence of a cosmic guidance system, and every day you receive little nudges to keep you on your chosen path. Life is not a series of random experiences taking you like a twig on a moving stream to destinations unknown*.

Rushnell suggests that raising your consciousness to the level of what he calls *God Winks* will reaffirm that your existence is not random and that you do have a role to play in life's grand plan. How do we do that?

God communicates through the still small voice within each of us. We may know it as intuition or instinct, an insistent feeling that won't go away. A certain course of action just feels right to us. The more we learn to trust this inner spiritual guidance, the more clearly we will recognize it. Prayer and meditation are the tools we can use to open to this inner guidance. Our spiritual phone is always ringing. In order to connect with our spiritual truth, we must answer the phone.

As Unity's co-founder Charles Fillmore said, *Prayer is the most highly accelerated mind action known. It steps up mental action until humanity's consciousness synchronizes with the Christ Mind*. That's the goal of prayer: to be in sync with God, to have a transcendental experience, to rise above the five-sense world, to experience the Divine, and to be changed at depth.

Prayer is not saying the *right* words or sitting in the *right* position or being in the *right* church. Prayer is stepping into the flow of the Divine and letting God move in and through us. It's a flow from the inside to the outside, answering the phone, so to speak. God will flow in wondrous and exciting ways if we but step into the Presence and get into the flow.

Affirmation: Attuned to Divine Mind, I grow in spiritual awareness.

Lesson is inspired by Squire Rushnell's book God Winks.